# Mental Health In Emerging Adulthood (Ages 18 To 29): Understanding And Meeting The Needs Of This Distinct Age Group

Preconference Workshop

October 26, 2011 — Providence, RI

# 5<sup>th</sup> Conference On Emerging Adulthood

October 27 and 28, 2011 - Providence, RI

The new way young people are becoming adult has garnered a great deal of attention in the past decade. Professionals from a variety of disciplines have come to recognize the distinct mental health issues facing young people ages 18 to 29 — *emerging adults*. The workshop will highlight key issues that define the current gap in understanding and treating this distinct age group. Work relevant to professionals working in a wide-array of disciplines will be presented, including: medicine, public health, sociology, social work, psychology, psychiatry, and community mental health. This workshop is designed to promote scientist-practitioner exchange.

## Features

#### **4** Presentations

- "The epidemiology of emerging adult psychiatric disorder" William Copeland, PhD (Duke University)
- "Emerging adults as a vulnerable group: Community mental health, serious mental health problems, and youth who 'age out' of care" Maryann Davis, PhD (University of Massachusetts Medical School)
- "Stigma and help-seeking in emerging adult college students" Daniel Eisenberg, PhD (University of Michigan)
- "Real-time treatment: Integrating developmental neuroscience and psychoanalysis in the intensive treatment of emerging adults" Jesse Viner, MD & Laura Viner, PhD (Yellowbrick & Northwestern University Medical School)

#### **Emerging Adult Panel**

• 18 to 29 year-olds speak about their mental health experiences

#### **Speed Networking Session**

• An opportunity to network with mental health professionals

#### **Opening and Closing Remarks**

 "Where are we and where are we going with our understanding of mental health in emerging adulthood?" Jennifer L. Tanner, PhD (Rutgers University) Co-Chair of the Society for the Study of Emerging Adulthood

#### Location

Westin Providence One West Exchange Street Providence, RI 02903 401-598-8000

#### Date

Wednesday, October 26, 2011 9am-5pm

Registration

8am-9am

## CE/CEUs

6.5

Cost \$90

\$90 includes lunch & workbook

More information and registration:

## www.ssea.org